LADIES FOR ART, CULTURE AND EDUCATION PRESENTS:





TIARA J'NAI MOORE

I DEDICATE THIS BOOK TO THE LITTLE GIRL WHO THOUGHT SHE LOST HER VOICE. I PRAY THIS BOOK EMPOWERS YOU ENOUGH TO HAVE THE AUDACITY TO CHASE AFTER GOD AND THE PURPOSE HE HAS FOR YOU!



Tiara J' Nai Moore graduated from Texas Tech University with a Bachelors in Business Administration (Major in Accounting) and a Master's of Science in Accountancy. During her time in Lubbock, Tiara J' Nai volunteered with multiple Boys & Girls Clubs, the SPCA, Habitat for Humanity and completed other projects around the community. After graduation, she spent time in Dallas working with various branches of the Dallas Public Library and Rise, a non-profit organization that focuses on eliminating domestic violence in our communities, before beginning her work with her own non-profit organization, Ladies for Art, Culture and Education. Tiara J'Nai now works as a Program Director at the Distinctively Debutante Program where young girls gain knowledge in formal etiquette, professionalism and the development of true sisterhood.

My Inspiration for LA.C.E: "When I was a teenager, I had the opportunity to teach at a young girl's camp, Just Us Girls. I shared with them my love of dance and the arts, but our conversations quickly evolved into life talks and nurturing the mind, body, and spirit. I am fortunate to have been exposed to different cultures, experienced the performing and visual arts, and received the best education — all of which played a vital role in shaping me into a well-rounded individual. After my experience with the girl's camp, I began to think about the young ladies who do not have the opportunity to attend camp, become a debutante or have a mentor. I do not believe that a young ladies's socioeconomic status should stand in her way of life changing experiences. I created LA.C.E to eliminate that wall and give all young ladies the opportunities that I grew up with!"





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f you picked up this book, its safe to say you are having some questions about your relationship with God. You might even be saying to yourself, what relationship? Whatever category you might fall under or between, 1 am here to help. 1 am going to give you 6 tools to help with your Walk with Christ! And don't worry, 1 keep things simple! By the end of this book, you will be able to answer the question "What's next?" as it pertains to building your connection with the Man Upstairs. And you will even have time to binge watch your favorite show! Let's get started.

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QUESTION:

EVEN IF YOU DON'T KNOW WHAT IT IS YET, Do you believe god has a purpose for Your life that he picked just for you?

A. YES B. NOT REALLY C. MAYBE Do you sometimes feel that you are not worthy of talking to God? Like, how can someone like ME, deserve someone like H1M? How would you feel knowing that God handpicked your purpose and plan before your parents even met? How about before the beginning of time, God already knew the path He wanted you to take? Do you feel loved or worthy yet? Well regardless if you believe me, God placed a crown on your head as His child that no one can knock off (not even you!)

Having confidence in your life's purpose will give you confidence in the God who designed it. And 1 am here to tell you, God finds you worthy to talk to Him



Your principles are what set the tone for who you are and your walk with Christ. They are your foundation! While others may take their lifetime trying to establish their beliefs, yours came in one important book! And it is an extremely important instrument to help your relationship with God grow! Have you guessed the book I am talking about yet? Yep, that's it... the BIBLE!

I know the Bible can be intimidating at times but see if these three tips help!

Use your Bible app on your phone to do weekly plans. This way you can find a plan and scriptures that fit what you are going through in the moment!

2

Research Bible stories or people in the bible and find a topic that interest you! The bible is filled with more stories and interesting people than you can imagine. Once you start thinking of the Bible as one big story book, it makes comprehending it a lot easier!

3

Reread the scriptures and your notes on the lessons that are taught on Sundays! My reasoning is very simple, rereading helps you to develop a deeper understanding. That's it!

Raise your hand if praying makes you nervous because you don't sound like "everyone else." Hear me when I say this, God does not care about how many big words or church colloquialisms you use. (A colloquialism is the use of familiar words or phrases. In this case, a phrase you often here in church).

When you call out to Him, He hears you! Every single time.

FIVE HELPFUL HINTS TO GUIDE YOU IN Your Prayer Life!



I hate admitting when I mess up and I find it extremely hard to be truthful about my feelings! And you may feel like that sometimes too. The truth is, society has trained us to think that vulnerability is a weakness. THIS IS FALSE! When we are honest and vulnerable with God, we are inviting Him in to make us whole!





How would you feel if you continued to provide for someone and they never said thank you? It wouldn't feel too good, right!? When we thank God, we are acknowledging all our blessings and honoring Him as our provider. Thanking God can also put things in perspective for you! We have so much to be grateful for and saying them out loud can give you a quick reminder!

3 Forgive Yourself!

When you ask God to forgive you for your sins, believe that all is forgiven and then LET IT GO. Sometimes we find it hard to talk to God because we are still holding on to our past mistakes. The only one that hasn't forgiven you... is YOU! Don't let your guilt stop you from seeking a relationship with Him. Remember, He finds you worthy!

God is not a magician nor is He Santa Claus!

I'm sorry to say this but you will not get everything you ask for! Instead of trying to give God a list of things that will "make you happy", try praying that His will be done in your life. When we take away the list and ask for God to take control, then His desires for our lives become our desires. This is when you will find true happiness and contentment!

5 A conversation is a two-way street!

After you pray start setting out some time to sit and listen. And to be honest, you may not hear anything the first few times you do this. But when you continue to practice listening, it shows God that you are ready to build a relationship. God wants to know that you are ready to hear Him and your consistency will show Him that He can trust you!



Guess what?! If you want to build a relationship with someone, you're going to have to give them your time! For example, how did you and your best friend become BFFs? When did you realize you could trust her? How often do you sit for hours and talk about everything under the sun? Well, surprise! ...God wants that same energy! He wants to be someone Who you can talk about anything with. He wants you to spend hours talking to Him. He wants you to share your deepest secrets and He wants to share with you too! But first, you have to be present!



HINT:

START BY TAKING 30 MINUTES OUT YOUR DAY TO DEVOTE TO GOD. PRAY, READ YOUR BIBLE, LISTEN TO WORSHIP MUSIC OR EVEN JOURNAL. IT MIGHT BE HARD AT FIRST BUT SOON YOU WON'T EVEN REALIZE YOUR 30 MINUTES HAVE PASSED.

Can we have another truth moment? 1 use to be so uncomfortable during praise and worship! (At least in church anyway!) I felt as if everyone was watching and 1 was not about to be vulnerable in front of people 1 barely knew! (There goes that "vulnerable" word again.) Try to have the mindset of King David. When the ark of the covenant was coming into the city, he danced and praised God like no one was watching! And he was the King! The God you serve deserves your whole heart and unapologetic praise. Stop worrying about the people around you, close your eyes and let the Spirit take over.

6

Think of it this way, if someone is judging the way you worship, that has more to do with their character than yours. And that is none of your concern!



How often do your actions reflect your walk with Christ? This is such an important question that we have to continue to ask ourselves this throughout our faith journey. We can't pray and go to church and think that's all we need to do for God to be pleased. We have to PRACTICE what we PREACH. (Side chat: That's a good example of those church colloquialisms I was referring to earlier!)

God wants ALL of you and that means He wants to be included in every aspect of your life! Do you keep Him in mind when your friends are talking about a classmate? Is He in the back of your head when you are tempted to cheat on a quiz because you forgot to study? How about when you want to talk back to your parents because you feel they are wrong about something? Unfortunately, I can relate to every situation. Let's just say in those moments my actions didn't reflect my walk with Christ.

God wants us to be a light for others and for that to happen we have to practice navigating through life with Him in mind. Be kind. Be honest. Be helpful and loving to ALL God's people.



PURPOSE. PRINCIPLE. PRAYER. PRESENCE. PRAISE. PRACTICE.

Together these 6 Ps are your guide to building a better relationship with God. Simple, right?! Now it's up to you to take what you learned and apply it. Remember, God finds you worthy, so boldly chase after Him! But first, adjust that crown!

NOW ASK YOURSELF:

WHERE DO I WANT TO START WITH MY WALK WITH CHRIST?:

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PURPOSE. Romans 8:28

PRINCIPLE. Joshua 1:8-9

PRAYER. MATTHEW 6:1-18

PRESENCE. MATTHEW 6:33-34

PRAISE. 2 SAMUEL 6:1-22

PRACTICE. JAMES 4:7-10

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